

# SF WASHINGTON GIRLS BASKETBALL

## AUGUST 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<i>1</i>
<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>	<i>7</i>	<i>8</i>
<i>9</i>	<i>10</i>	<i>11</i>	<i>12</i>	<i>13</i>	<i>14</i>	<i>15</i>
<i>16</i>	<i>17</i> <i>FIRST DAY OF SCHOOL</i>	<i>18</i>	<i>19</i>	<i>20</i> <i>GBB MEETING 7:45 AM A116</i>	<i>21</i>	<i>22</i>
<i>23</i>	<i>24</i> <i>Open Gym 5:45-7:00 PM Lift 7:00-7:30 PM</i>	<i>25</i>	<i>26</i>	<i>27</i>	<i>28</i> <i>Open Gym 3:15-4:30 PM Lift 4:30-5 PM</i>	<i>29</i>
<i>30</i>	<i>31</i>					

# SF WASHINGTON GIRLS BASKETBALL

## SEPTEMBER 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> <i>Open Gym</i> <b>5:45-7:00 PM</b> <i>Lift 7:00-7:30 PM</i>	<b>2</b>	<b>3</b>	<b>4</b> <i>Open Gym</i> <b>8:30-9:30 AM</b> <i>Lift 9:30-10 AM</i>	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b> <i>Open Gym</i> <b>5:45-7:00 PM</b> <i>Lift 7:00-7:30 PM</i>	<b>9</b>	<b>10</b> <i>Open Gym</i> <b>5:45-7:00 PM</b> <i>Lift 7:00-7:30 PM</i>	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b> <i>Open Gym</i> <b>5:45-7:00 PM</b> <i>Lift 7:00-7:30 PM</i>	<b>15</b>	<b>16</b>	<b>17</b> <i>Open Gym</i> <b>5:45-7:00 PM</b> <i>Lift 7:00-7:30 PM</i>	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b>	<b>22</b> <i>Open Gym</i> <b>3:15-4:30PM</b> <i>Lift 4:30-5 PM</i>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> <i>Open Gym</i> <b>5:30-6:30 PM</b>			

# SF WASHINGTON GIRLS BASKETBALL

## OCTOBER 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 <i>Open Gym</i> 6:30-7:30 AM	3
4	5	6 <i>Open Gym</i> 6:30-7:30 AM	7	8 <i>Open Gym</i> 3:15-4:30 PM <i>Lift</i> 4:30-5	9	10
11	12 <i>Open Gym</i> 10:00-11:15 AM <i>Lift</i> 11:15-11:45 AM	13	14	15 <i>Open Gym</i> 3:15-4:30 PM <i>Lift</i> 4:30-5 PM	16	17
18	19	20 <i>Open Gym</i> 3:15-4:30 PM <i>Lift</i> 4:30-5 PM	21	22 <i>Open Gym</i> 5:45-7:00 PM <i>Lift</i> 7-7:30 PM	23	24
25	26 <i>Open Gym</i> 5:45-7:00 PM <i>Lift</i> 7-7:30 PM	27	28	29	30 <i>Open Gym</i> 6:30-7:30 AM	31

# SF WASHINGTON GIRLS BASKETBALL

## NOVEMBER 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 <i>Open Gym</i> <i>5:45-7:00 PM</i> <i>Lift 7-7:30 PM</i>	4	5 <i>Open Gym</i> <i>3:15-4:30 PM</i> <i>Lift 4:30-5 PM</i>	6	7
8	9 <i>Open Gym</i> <i>5:45-7:00 PM</i> <i>Lift 7-7:30 PM</i>	10	11 <i>Open Gym</i> <i>3:45-5:00 PM</i> <i>Lift 5-5:30 PM</i>	12 <b>MANDATORY PLAYER/PARENT MEETING</b> <i>7:00 PM @ WHS</i>	13	14
15	16	17	18 <i>Open Gym</i> <i>3:15-4:30 PM</i> <i>Lift 4:30-5 PM</i>	19 <i>Open Gym</i> <i>3:15-4:30 PM</i> <i>Lift 4:30-5 PM</i>	20	21
22	23 <b>FIRST DAY OF PRACTICE!!</b>	24	25	26	27	28
29	30					